Sanítas Peels

Glycolic Acid Peel

Glycolic peels are recommended for almost everyone. If your skin is healthy, dry or oily, a Glycolic Acid Peel can help you achieve a fresher look. Glycolic Acid works particularly well on fine lines and wrinkles. Sanítas Glycolic Acid Peels come in three different strengths. Each strength is graduated to give the skin a more therapeutic treatment.

TCA Peel

Although still therapeutic for the skin, Sanítas TCA Peels are mild. If your skin is sensitive, thin or fragile a TCA Peel treatment will strengthen your skin, allowing it to be more resistant to environmental stresses. Your skin will be noticeably smoother and fresher looking.

Salicylic Acid Peel

The Sanítas Salicylic Acid Peel is a more vigorous peel than our TCA or Glycolic Acid Peels. This peel is usually recommended for blemished, thick or oily skin or skin that is hyperpigmented.

Lactic Acid Peel Mask

Lactic Acid Peel Mask is a milder peel that is good for all skin types. This peel helps decrease hyperpigmentation, improve skin tone and texture and soften fine lines.

Jessner's Peel

A Jessner's Peel is a combination of different peeling agents and produces the most dramatic effects. This peel is ideal for aging or sun damaged skin but is also effective on normal or oily skin.

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Sanítas Peels

Minimize fine lines
Lighten age spots
Reverse sun damage

Is a Sanítas Peel for you?

If your skin has been damaged by the sun or acne, or if you would like to reduce the appearance of fine lines or uneven pigmentation, you may benefit from a Sanítas Peel. Sanítas Peels are a safe and effective way to visibly improve the quality, texture and tone of your skin without the discomfort and recovery time often associated with chemical peels.

Our light peels gently accelerate the skin cell regeneration process by replacing old, dull skin cells with softer, smoother, younger-looking skin. When combined with a Sanítas home care regimen and repeated every 2 to 4 weeks over a period of 2 to 3 months, Sanítas Peels can help heal sun damage, lighten age spots and diminish the appearance of acne scarring. Fine lines are reduced, and your skin's overall health and appearance is dramatically improved.

If you have wanted to improve your skin's condition but have avoided peels because you didn't want to put your life on hold, a Sanítas Peel may be right for you. Schedule a consultation with your skin care specialist to learn which Sanítas treatment will be most beneficial for your skin.

What are chemical peels? Chemical peels deeply exfoliate the skin and accelerate skin cell regeneration, revealing younger, softer, smoother skin. This non-invasive procedure helps minimize fine lines, lighten age spots, reduce acne breakouts and even-out blotchy, hyperpigmented skin. Deep peels are typically performed under anesthesia, by a physician. Medium peels can be performed by skin care specialists but still require some time for skin to recover. Light peels are commonly referred to as "lunch time" peels, because the procedure takes a short time to perform and doesn't inflame the skin. Quick recovery means no downtime; you can return to work immediately following the procedure.

What results can I expect from my Sanítas Peel? When you undergo a series of peels in conjunction with a Sanítas home care regimen, you can expect to see visibly smoother, more even-toned skin. The peels can help heal and reduce the appearance of sun-damaged skin, acne scars, age spots, superficial pigmentation, wrinkles and fine lines.

How long does a peel take and how many do I need?
Depending on your skin type, a Sanítas Peel can be applied in as little as 30 minutes. Sanítas Peels should be repeated every 2 to 4 weeks over a 2 to 3 month period. Repeating the peel over an extended period of time allows younger, softer skin cells to surface, resulting in significantly improved texture and tone.

What will it feel like during and after the peel? During the 1 to 5 minutes that the peel formula is on your skin, you will experience a mild tingling sensation. If you feel anything more intense, you should inform your skin therapist immediately.

Depending on the strength of your peel, it is common to experience some temporary flaking, scaling, redness or dryness of the skin for up to 5 days following the peel. These conditions are the result of the peel exfoliating the top layer of skin so that new cells can rise to the surface. These effects will disappear as the skin adjusts to the treatments. After each successive peel, you will notice your skin feels progressively smoother and softer and will appear more even-toned.

Are there any reasons I should not undergo a Sanítas Peel?
Consult with your physician if:

- You are pregnant or lactating
- You have used Accutane or retinoic products within the last 4 weeks
- You have open wounds or a herpes breakout
- You have had plastic surgery within the prior 3 to 6 months
- You have recently waxed or have a fresh sunburn
- You have very sensitive skin (requires a patch test)

Are there any risks associated with having a Sanítas Peel?
Chemical peels are generally considered quite safe, and complications are extremely rare. However, complications that may occur with any peel may include burning, headache, nausea, or dizziness. Report any severe reactions to your esthetician and/or physician immediately. Less serious complications may include temporary reactions like "hot spots" or skin crusting.

What should I avoid following a peel?

- Minimize direct sun exposure and use sun protection
- Do not exfoliate your skin for at least 3 days
- Do not apply any product with Benzoyl Peroxide for at least 3 days
- Do not apply any product with Retin A for at least 3 days
- Wait at least 10 to 14 days before having collagen injections in your face
- Wait at least 7 to 10 days before having Botox injections in your face

How long will the results last?
With a home care regimen and proper sun protection, results can last months depending on the strength and depth of the peel. The best way to preserve the more youthful appearance achieved by peel treatments is to care for your skin daily, inside and out. Immediately after and between peels the Sanítas Post Peel Kit is recommended to nourish the skin and ensure optimal results.

Ask your skin care specialist to recommend the Sanítas Peel that is best for you, and get started on the path to a younger, healthier looking complexion!